Gmail President, Meghalaya Cricket Association <president@meghalayacricket.com>

# Constitution of the Internal Committee under the Sexual Harassment of Women at Workplace (Prevention, Prohibition and Redressal) Act, 2013

**President, Meghalaya Cricket Association** <president@meghalayacricket.com> 5 August 2026 at 21:29
To: mscwshillong@gmail.com
Cc: singje marak <jamessangma@yahoo.com>

Madam Chairperson,

I write to inform the Meghalaya State Commission for Women (MSCW) that the Meghalaya Cricket Association (MCA) has constituted its Internal Committee in compliance with the provisions of the Sexual Harassment of Women at Workplace (Prevention, Prohibition and Redressal) Act, 2013, and the rules framed thereunder.

The Internal Committee of the Meghalaya Cricket Association stands constituted as follows:

1. **Ms. Sushma Thapa, Presiding Officer (Physio)**
2. **Ms. Eiffelene Kathleen Nongkynrih, Member (Selector)**
3. **Mr. Jason Jarman Lamare, Member (Chairperson, Cricket Advisory Sub-Committee)**
4. **Mr. Matseng K. Sangma, External Member (Lawyer)**

The Association affirms that the composition of the Committee is in keeping with the statutory requirements of the Act, including the appointment of a woman as Presiding Officer and the inclusion of an external member associated with the cause of women.

The Commission is requested to kindly take this constitution on record. The Association remains committed to maintaining a safe and dignified working environment for all its employees, players, and officials, and to ensuring full compliance with the Act in letter and spirit.

Thanking you,

Yours sincerely,
**James P.K. Sangma**
President
Meghalaya Cricket Association

**GOVERNMENT OF MEGHALAYA**
**OFFICE OF THE MEGHALAYA STATE COMMISSION FOR WOMEN**
**NONGRIM ROAD, LAITUMKHRAH, WARD No.1, HOUSE NO.456, SHILLONG - 3**
**Email:mscwshillong@gmail.com (M)- 8794739485**

**No.MSCW/SH/26/2/** 904 **Dated Shillong, the** 4th **Nov, 2026**

To : Shri. James PK Sangma,
President,
Meghalaya Cricket Association

**Sub : Acknowledgement of Constitution of Internal Committee Under POSH 2013**

Sir,

With reference to the subject cited above, the Commission acknowledges receiving email dated **5th August 2026** detailing the newly constituted Internal Committee of the Meghalaya Cricket Association. We take this opportunity to reiterate the need for the IC to meet every quarter and function as prescribed in the POSH Act 2013.

Sincerely

(Iamon Syiem)
Chairperson
Meghalaya State Commission for Women
Meghalaya, Shillong